

## POLICIES & PROCEDURES

- Learn to Skate applicants must be at least 4 years old as of the 1st day of the term OR have had previous skating lessons with a Community Centre preschool class.
- 2019-2020 Skate Canada Membership fee must be paid in full at time of Registration, \$43.65. Payment includes: Session Fee + GST, and Skate Canada Insurance Fee. Payments can be paid by either: Cash, Cheque, Debit, Visa or MC.
- There will be **no refunds** once the session starts. An admin fee of \$15 will be applied to cancelled sessions one week prior to start date.
- There will be **no substitutions of classes due to missed sessions**. Please note, lessons **continue on Stat holidays and are not cancelled or transferable**. Transfers to a different day permitted up to one week prior to session start pending space. After start date, **only with LTS Director's approval**.
- Waitlisted skaters for sold out sessions will be contacted after first full week of lessons pending availability. This may also affect for those who "call to register" in the week prior to session start.
- All skaters **MUST** wear mittens/gloves and a **Skate Canada CSA APPROVED HOCKEY HELMET**. Bike/Ski/Snowboarding helmets are NOT permitted. Equipment is to be put on at ice level. Please use dressing rooms provided. Skates are not allowed restaurant area upstairs.
- Rental skates & helmets are available for rent. \$2 for skates, \$1 for helmets each session. **Skate Shop opens 15 minutes prior to session and closes at session start. Plan to arrive on time to rent or bring your own equipment.**
- Sessions may be cancelled or re-scheduled. Sat/Sun sessions move to Rink 1 during Canlan's Winterfest. Credit not given for missed sessions due to power outages.
- Viewing of the ice surface is permitted from the ice level, but parents are asked to keep to the benches or main walkway and away from the boards. Parents may also view from the upstairs viewing area overlooking the rink.
- Parents are asked to **stay in close proximity and not to leave viewing areas or the 8 Rinks facility in case you are called upon to assist your child off the ice**. Coaches are unable to assist off the ice once the session has started and must stay with the group.
- Skaters eligible for the Happy Feet or the Junior Academy figure skating program will be referred through coaching staff or admin office once eligible to enroll.



CHAMPS  
INTERNATIONAL  
SKATING CENTRE of B.C.

**The Champs International Skating Centre of BC is sanctioned by Skate Canada and holds a high reputation in the world of Figure Skating. Our current skaters include National and International Champion, as well as, World and Olympic Competitors.**

For more information about the Learn to Skate programs, please contact:  
[champsinternational@icesports.com](mailto:champsinternational@icesports.com)

### LTS Director **Diane Knutson**

Diane is a Provincial Level Coach and has been coaching for 44 years. Diane is a Skate Canada Canskate University graduate. She also has experience as a supervisor for the City of New Westminster Parks and Recreation. Diane was the Canskate Director at the Burnaby Figure Skating Club for over 10 years. She brings strong and confident leadership to the Canskate Learn to Skate Program at Burnaby 8 Rinks. Diane is part of the Champs full time competitive coaching staff.

### Happy Feet/Power Plus Coordinator **Kathryn Kang**

Former National Team Canada, Jr World Team Canada & International Medalist. Kathryn is part of the Champs full time coaching staff. Kathryn brings youth, energy, and assistance to our LTS Director.

Champs International Skating Centre of BC  
Administrator: **Victoria Astren**  
[champsinternational@icesports.com](mailto:champsinternational@icesports.com)  
**778-331-3932 (direct office line)**  
**or 604-291-0626 ext. 258**  
[www.icesports.com/burnaby8rinks/learn-to-skate.aspx](http://www.icesports.com/burnaby8rinks/learn-to-skate.aspx)

SANCTIONED BY:



SKATECANADA

# LEARN TO SKATE

## Fall 2019

## Sept 9—Dec 15

## 14 Week Term



**Follows the Skate Canada  
Canskate Program**

*“Where Technique and  
Artistry become one”*



# Champs International PROGRAMS

## LEARN TO SKATE—CHILDREN

Learn to Skate at Burnaby 8 Rinks follows Skate Canada's learning to skate program, Canskate.

Canskate is designed for beginners of all ages and focusses on fun, participation, and basic skill development. Lessons are given in a group format and led by an NCCP certified professional coach. Professional coaches may be assisted by trained Program Assistants. The coach to student ratio is a maximum of 1:10. Sessions are active using visual aids and music to create a fun, stimulating, and welcoming environment. Report cards, ribbons, and badges are received in the program. Canskate for children is the feeder program to our Junior Academy program.

### Learn to Skate Lesson Format

**10 minutes:** warm up in a large group to music  
**30 minutes:** designated groups (groups divided by skill level)

**5 minutes:** cool down, large group game  
 Evaluation is done during the 30 minutes on Progress Report Cards. Once requirements have been met for a level, children are rewarded with a badge and promoted to the next stage.

## HAPPY FEET

Happy Feet teaches Learn to Skate with specialized high performance coaches. The focus is development toward strong edge, turn, jump, and spin technique. Interpretation to music is encouraged to bring out the happiness & musicality of skating on the ice. All skaters must be under 8 years of age and selected from Champs full time staff. Proper figure skates and CSA helmets required.

**Rentals not provided** for this session.  
 Happy Feet Mascot to attend for special visits.  
 Coordinators: Kathryn Kang & Diane Knutson



## POWER PLUS

Power skating sessions for children/teens who love to skate in a fast-paced, high-energy atmosphere. Perfect complement to any hockey program: Atom 9-11 yrs, Pee Wee U13, and first year Bantam U15. All enrolled skaters MUST wear hockey equipment, helmet, and have their own skates. No rental skates allowed. Some Power Plus sessions will work with sticks.

Taught by NCCP certified Champs figure skating coaches. Offered Saturdays, 12:15 pm—1:00 pm, in our regular Fall/Winter/Spring seasons during Learn to Skate terms.



# LEARN TO SKATE REGISTRATION

\*Register on line or by phone\*

**Fall 2019**  
**14 Week Term**  
**Mon Sept 9—Sun Dec 15**

### Learn to Skate Term Fee

**1 Class per Week, \$178**

**2 Classes per Week, \$320**

**3 Classes per Week, \$454**  
 (Above costs subject to 5% GST)

Day	Time	Dates
Monday #1	4:30 pm—5:15 pm	Sept 9—Dec 9
Monday #2	5:45 pm—6:30 pm	Sept 9—Dec 9
Tuesday #3	5:15 pm—6:00 pm	Sept 10—Dec 10
Wednesday #4	4:30 pm—5:15 pm	Sept 11—Dec 11
Wednesday #5	5:15 pm—6:00 pm	Sept 11—Dec 11
Thursday #6	5:15 pm—6:00 pm	Sept 12—Dec 12
Saturday #7	10:30 am—11:15 am	Sept 14—Dec 14
Saturday #8	11:15 am—12:00 pm	Sept 14—Dec 14
Sunday #9	10:00 am—10:45 am	Sept 15—Dec 15
Sunday #10	10:45 am—11:30 am	Sept 15—Dec 15

### SKATE CANADA FEE \$43.65 (Barcode #14598)

All Skaters must pay the once-a-year Skate Canada Registration Fee (insurance fee included) of \$43.65 per skater.

**Registration Period: Sept 1/19-Aug 31/20**

For more information or to register visit us online at [www.icesports.com/burnaby8rinks/learn-to-skate.aspx](http://www.icesports.com/burnaby8rinks/learn-to-skate.aspx)

Phone: 778-331-3932 or 604-291-0626 Ext.258

Email: [champsinternational@icesports.com](mailto:champsinternational@icesports.com)

## REPORT CARDS

Skaters are issued a report card during their first registered term. This report card evaluates skill and badge progress. **It is MANDATORY for returning skaters to provide their report card to the LTS Director/Skating Administration for your next registered term. Please return report cards for the first day.**

# HAPPY FEET/ Power Plus REGISTRATION

\*Call Champs Office to register\*

Happy Feet & Power Plus registrations are done through coach referral or by admin at the administration office and are not available for online registration. Skaters must be registered for the 2019/20 Skate Canada season. Proper equipment required. See program info. Rentals are not available.

For more information about registering for this program please contact:

Phone: 778-331-3932 or 604-291-0626 Ext.258

Email: [champsinternational@icesports.com](mailto:champsinternational@icesports.com)

### Happy Feet Term Fee

**\$250 (Plus 5% GST)**

Day	Time	Dates
Saturdays	9:45 am—10:30 am	Sept 14—Dec 14

### Power Plus Term Fee

**\$250 (Plus 5% GST)**

Day	Time	Dates
Saturdays	12:15 pm—1:00 pm	Sept 14—Dec 14

# GENERAL INFORMATION

### Terms

Skating year is divided into 4 terms for registration  
 Term 1: (Fall) September—December  
 Term 2: (Winter) January—March  
 Term 3: (Spring) March—May  
 Term 4: (Summer) June—August (weekday sessions only)

### Clothing/Equipment

Skaters should be dressed in warm comfortable Clothing. Gloves, skates and certified CSA helmet are mandatory. Skaters are encouraged to purchase their own equipment. Rentals are available from 8 Rinks Public Skate rental room.

### Rentals (For Learn to Skate Only)

Skates \$2, Helmets \$1 per session. **CASH ONLY—SMALL BILLS PLEASE.**

Please come early enough to allow time to rent skates & get ready. Rental room in Rink 8 opens 15 minutes prior to each session and closes at session start.

**Learn to Skate: please sign in at welcome table in Rink 8.** (There is no sign in required for Happy Feet or Power Plus)

**Mon—Thurs Sessions** held on Rink #8.

**All Sat/Sun Sessions** held on Rink #8.

