



2019 Season

Fall 2 Session • October 21st - December 22nd
Register online at www.icesports.com/westdundee

All fees reflect online registration prices at www.icesports.com/westdundee

New skating class for all skaters age 3-5!

LEARN TO SKATE USA

HOCKEY LEARN TO SKATE 1

This class is for those who have never skated or have never had formal lessons. Skaters will learn the very basics of balance, marching, gliding, and other skating concepts that develop confidence on the ice. Helmets are required.

TUE 5:20-6:05 pm (8 Weeks) FEE: \$157
(No class 11/26)

SAT 8-8:45 am (7 Weeks) FEE: \$137
(No class 11/2 and 11/30)

HOCKEY LEARN TO SKATE 2

(Prerequisite: HLTS1)

This class continues to teach beginning elements of skating including 1 foot glides, 2 foot jumps, forward swizzles, backwards skating and beginning work on snow-plow stops. Helmets are required.

TUE 5:20-6:05 pm (8 Weeks) FEE: \$157
(No class 11/26)

SAT 8-8:45 am (7 Weeks) FEE: \$137
(No class 11/2 and 11/30)

PRE-HOCKEY 1

(Prerequisite: HLTS 2)

Skaters will learn how to skate with full equipment and proper technique of skating with a stick. This program will teach hockey skating techniques like striding, backward swizzles, 1 foot scooter pushes, 2 foot turns, 1 foot hockey stops and other skating agility moves. Full hockey equipment is required and is available for rent.

TUE 6:10-7:00 pm (8 Weeks) FEE: \$211
(No class 11/26)

SAT 8:50-9:40 am (7 Weeks) FEE: \$184
(No class 11/2 and 11/30)

Canlan Ice Sports follows the guidelines of USA Hockey, a nationally recognized program that takes recreational and serious skaters from beginning to advanced levels. ALL classes are taught by USA Hockey Certified coaches.

PRE-HOCKEY 2

(Prerequisite: PH 1)

For intermediate skaters who wish to improve on skating skills and learn advanced techniques. Building on Pre-Hockey 1 skills, skaters will develop strides, forward crossovers, 1 foot glides, 2 foot stops, inside edge glides, backwards "C" cuts and increased skating speed. Full hockey equipment is required and is available for rent.

TUE 6:10-7:00 pm (8 Weeks) FEE: \$211
(No class 11/26)

SAT 8:50-9:40 am (7 Weeks) FEE: \$184
(No class 11/2 and 11/30)

LITTLE LEAFS ADVANCED SKILLS

(Prerequisite: PH 2)

Designed for the hockey player who wants to further develop the fundamental hockey skills necessary to play on a team for both house and travel hockey. This program will develop and improve skating with the puck, stick handling, passing, shooting, and much more. Players will also learn to skate with their eyes up while skating with the puck.

TUE 6:10-7:00 pm (8 Weeks) FEE: \$220
(No class 11/26)

SAT 8:50-9:40 am (7 Weeks) FEE: \$192
(No class 11/2 and 11/30)

EQUIPMENT/SKATE RENTAL

• Daily skate rental is available for purchase at the front desk for all classes

- Price is \$3 per single rental (or \$2 each punch with purchase of a skate rental punch card)

Helmet provision is the responsibility of the participant.

- Helmets are required for ALL classes (Facemask required for PH1, PH2, and AS)
- Full equipment is also required with PH1, PH2, and AS. Equipment is available for rent in full sets only for a charge of \$10/session. Excluding the helmet
- In order to receive a set of equipment, you must register in advance online or in-person. (It's the same process and registering for a class)
- Equipment must be returned or equipment rental renewed following each session.

Mite & Squirt In-House League

Prereq: Passed Advanced Skills

Fee: \$350 7 Weeks (No Class 11/2, 11/30, 12/1, 12/22)

Mites Practice:

Saturday's 9:50-10:50a

Squirts Practice:

Saturday's 11:00-12:00p

Sunday Game Schedules will be:

Mites: 4:20p-5:20p

Squirts: 5:30p-6:40p



Payment is required at the time of registration. **REFUNDS WILL NOT BE GIVEN AFTER THE START OF THE SESSION.** Class sizes are limited and determined by the date of registration. Wait lists are available for all classes so please check with the rink office to request wait list status. Classes may be combined, added, or cancelled based on enrollment. A skater that misses a regular class will be permitted a makeup of that class within the time frame of the current session.

Questions? Please contact our Hockey Director Scott Ross at ross@icesports.com

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