



Pricing



Initiation/Fob Fee: \$10 (non-refundable)

Membership Options:

1 Month	\$55
3 Months	\$150
6 Months	\$275
1 Year	\$410

10 times PUNCH PASS \$70

Does not qualify for the \$5 Fitness Class Drop-in rate

Pre Authorized Payment:

1 Year	\$40/mo.
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Family Plan:

2 nd member	10% off
3-5 th member	20% off

*Max of 5 person family plan (2 adults and up to 3 minors), a minor is aged 15-18; all members must live at same address,, be billed to one account, and pay at the same time.

Fitness Class Drop-In Prices:

Gym Member	\$5
Non-members	\$10

If space permits. Paid in cash to instructor

Fob Replacement: \$10

Membership Purchases

In Person ONLY at:

Armstrong Spallumcheen
Parks & Rec Office

3351 Park Drive (Nor-Val Arena)

250-546-9456

armstrong@icesports.com



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HASSEN FITNESS CENTRE
3375 PLEASANT VALLEY RD
ARMSTRONG

Open Daily 5am – 10pm
Scan fob access for your convenience!

Weight & Cardio Room,
Circuit Room &
Stretching Area

Hassen Fitness Centre brings to Armstrong and area, a full spectrum of equipment and tools to meet our communities needs! We are a complete facility offering options for cardio vascular fitness, resistance training – via machines, free weights, and functional trainers, as well as space to “stretch out” and work on those tight areas!

Our functional gym focuses on fitness for healthy lifestyles today and improving our life for tomorrow. We are equipped with a variety of tools to help you achieve your fitness and wellness goals.



Armstrong Spallumcheen Parks & Recreation
Operated by Canlan Management Services Ltd.

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