



BC Centre of Excellence

Fall/Winter/Spring

September 6, 2011 - May 18, 2012

ICE SCHEDULE



NOTE: Learn To Skate will start week of Sept.12
 Jr. Academy, Group Enrichment and off-ice starts Sept.6
 No off-ice and group enrichment during March Break and Christmas schedule

<p><u>MONDAY / WEDNESDAY / FRIDAY</u></p> <p>Skate Canada (Rink 8)</p> <p>6:30am—9:00am Competitive Dance</p> <p>9:00am—9:15am FLOOD</p> <p>9:15am—11:30am Competitive Dance</p> <p>11:30am—11:45am FLOOD</p> <p>12:00pm—1:00pm Elite Freeskate</p> <p>1:00pm—2:00pm Open Session</p> <p>2:00pm—2:15pm FLOOD</p> <p>2:15pm—3:15pm Elite Freeskate</p> <p>3:15pm—3:30pm Elite/Sr.A Spin Patch</p> <p>3:30pm—3:45pm FLOOD</p> <p>3:45pm—4:00pm Int. Spin Patch</p> <p>4:00pm—4:45pm Int. Freeskate</p> <p>4:45pm—5:00pm Int. Grp. Enrichment</p> <p>5:00pm—5:15pm FLOOD</p> <p>5:15pm—6:00pm Elite Freeskate</p> <p>6:00pm—6:45pm Sr.A Freeskate</p> <p>6:45pm—7:00pm FLOOD</p> <p>7:00pm—7:45pm Sr.B Freeskate</p> <p>7:45pm—8:00pm FLOOD</p> <p>8:00pm—9:45pm Dance (Mon/Wed only)</p>	<p><u>TUESDAY/THURSDAY</u></p> <p>Skate Canada (Rink 8)</p> <p>6:30am—9:00am Competitive Dance</p> <p>9:00am—9:15am FLOOD</p> <p>9:15am—11:30am Competitive Dance</p> <p>11:45am—12:00pm FLOOD</p> <p>12:00pm—1:00pm Elite Freeskate</p> <p>1:00pm—2:00pm Open Session</p> <p>2:00pm—2:15pm FLOOD</p> <p>2:15pm—3:15pm Elite Freeskate</p> <p>3:15pm—3:45pm Elite Group Enrichment</p> <p>3:45pm—4:00pm FLOOD</p> <p>4:00pm—4:45pm Sr.A Freeskate</p> <p>4:45pm—5:00pm Sr.A Group Enrichment</p> <p>5:00pm—5:15pm FLOOD</p> <p>5:15pm—6:15pm Elite Freeskate</p> <p>6:15pm—6:45pm Sr.B Group Enrichment</p> <p>6:45pm—7:00pm FLOOD</p> <p>7:00pm—8:00pm Sr.B Freeskate</p>
<p><u>MONDAY / WEDNESDAY Gold B (Rink 6)</u></p> <p>3:15pm—3:30pm Sr. B Spin Patch</p> <p>3:30pm - 4:15pm Sr.B Freeskate</p> <p>4:15pm—4:30pm FLOOD</p> <p>4:30pm—5:15pm LTS Mon#1 / Wed#4</p> <p>5:15pm—6:00pm LTS Mon#2 / Wed#5</p> <p>6:00pm—6:30pm Open</p>	<p><u>TUES/THURS Gold B (Rink 6)</u></p> <p>3:30pm—4:30pm Open</p> <p>4:30pm—5:15pm Jr. Academy</p> <p>5:15pm—6:00pm LTS Tues#3 / Thurs#6</p> <p><u>FRIDAY Gold B (Rink 6)</u></p> <p>3:30pm—4:15pm Sr.B Freeskate</p> <p>4:15pm—5:00pm Open</p> <p>5:00pm—6:00pm Open</p>
<p><u>SATURDAY</u></p> <p>Skate Canada (Rink 8)</p> <p>7:00am—8:00am Open</p> <p>8:00am—8:15am FLOOD</p> <p>8:15am—9:00am Open</p> <p>9:00am—10:30am Adult Session</p> <p>10:30am—10:45am FLOOD</p> <p>10:45am—11:30am Learn to Skate #7</p> <p>11:30am—12:15pm Learn to Skate #8</p> <p>12:15pm—1:00pm Learn to Skate #9</p>	<p><u>SUNDAY</u></p> <p>Skate Canada (Rink 8)</p> <p>7:00am—8:30am Open Dance</p> <p>8:30am—8:45am FLOOD</p> <p>8:45am—9:30am Sr.B Freeskate</p> <p>9:30am—9:45am FLOOD</p> <p>9:45am—10:45am Open</p> <p>10:45am—11:00am FLOOD</p> <p>11:00am—12:00pm Sr. A Freeskate</p> <p>12:00pm—12:15pm FLOOD</p> <p>12:15pm—1:15pm Elite Freeskate</p>

Skate Canada Centre of Excellence ICE SCHEDULE - CANUCK (Rink 1)

MONDAY/WEDNESDAY/FRIDAY

Blue A / Canuck / Rink 1

12:00pm—1:00pm Open
 1:00pm—2:15pm Open Dance
 2:15pm—2:30pm FLOOD
 2:30pm—3:15pm Sr.A Freeskate
 3:15pm—3:30pm FLOOD
 3:30pm—5:30pm Developmental Dance Teams

TUESDAY/THURSDAY

Blue A / Canuck / Rink 1

9:45am—11:45am Adult Dance
 12:00pm—1:00pm Open
 1:00pm—2:15pm Open Dance
 2:15pm—2:30pm FLOOD
 2:30pm—3:15pm Sr. A Freeskate
 3:15pm—4:30pm Developmental Dance (TUES)
 3:15pm—4:15pm Developmental Dance (THURS)

**Note: Last freeskate session each day on CANUCK (Rink 1), SKATE CANADA RINK (Rink 8) & GOLD B (Rink 6)
Stops 5 min Early - To Patches Holes**

OFF-ICE SCHEDULE

Elite

M/W - 3:45pm - 4:45pm
 Thurs. - 3:45pm - 4:45pm*
 Fri. - 6:10pm - 7:10pm

Sr.A

M/W - 4:45pm - 5:45pm
 Friday - 3:20pm - 4:20pm

Sr.B

M/W - 5:45pm - 6:45pm
 Friday - 4:30pm - 5:30pm

Dance

Mon. - 6:45pm - 7:45pm
 Thursday - 4:45pm - 5:45pm*

Intermediate

M/W/F - 5:00pm - 6:00pm*

Jr. Academy

Tues/Thurs - 5:20pm - 5:55pm

All off-ice classes in Multi-Purpose Room
 except *denotes classes in Banquet Room

SCHEDULE INFO & RULES

1. Skaters must be approved by skating director to skate on accredited sessions.
Competitive Ice Dance Sessions must be approved by Wing/Lowe
2. Only BC COE Contract Coaches may teach on Accredited sessions & Competitive/Developmental Dance Team training sessions. Please refer to coaching policy through office
Open sessions are welcome to all freelance coaches
3. All Accredited membership skaters must do off-ice program
4. Parents are not allowed to stand, coach or disrupt at rink side during any training sessions
5. Simulations and playing of solo music is priority to full-time members
6. Criteria for single sessions available through office/skating director



Canlan WinterFest Schedule Changes

Nov. 18 to Dec. 31, 2011



- **Fridays** - all sessions on Skate Canada Rink after 6:00pm moves to Rink 6 (Gold B)
- **Saturdays** - all Learn to Skate sessions will move to Rink 1 (Canuck)
- **Sundays** - all sessions on Skate Canada Rink from 8:45am onwards moves to Rink 1 (Canuck)



BC Centre of Excellence

Fall/Winter/Spring
September 6, 2011—May 18, 2012



REGISTRATION AND FEES

<u>Elite</u>	
Full	\$ 2614
Term 1	\$ 1650
Term 2	\$ 980
Term 3	\$ 900
Elite full year includes open opens and Sunday memberships	

<u>Senior A</u>	
Full	\$ 2542
Partial (3 days)	\$ 1600
Term 1	\$ 1525
Term 2	\$ 900
Term 3	\$ 860
Sr. A includes open membership	

<u>Senior B</u>	
Full	\$ 2396
Partial (3 days)	\$ 1515
Partial (2 days)	\$ 1122
Term 1	\$ 1433
Term 2	\$ 880
Term 3	\$ 800
<u>Holiday Weeks</u>	
Christmas	\$ 125
Spring Break	\$ 80
Sr.B does not include open membership	

<u>Dance</u>	
Competitive Dance Unlimited (includes off-ice, Christmas/Spring Break and any other dance sessions)	\$ 2200
Competitive Development Dance (includes off-ice & 1:00-2:15pm Dance Open)	\$ 1675
Dance—Mon/Wed Evening	\$ 565
Dance—Sunday AM	\$ 375
Dance/Adult Unlimited Full-term (full term includes M/W evening, Sun AM, M-F 1:00pm, Tues/Thurs/Sat AM)	\$ 1025
Saturday Adult	\$ 15/session

<u>Adult Program</u>	
Adult Unlimited	\$ 850
37 weeks Tues/Thurs/Sat AM (includes unlimited on any adult session)	

<u>Intermediate</u>	
Full	\$ 1680
Partial (2 days)	\$ 1087
Term 1	\$ 819
Term 2	\$ 562
Term 3	\$ 436
Opens are not included with intermediate membership	

<u>Junior Academy</u>	
Full	\$ 1242
Term 1	\$ 664
Term 2	\$ 510
Term 3	\$ 407
- Coach appointment/private lesson through BC BOE skating director—private lesson not included	
- Jr. Academy program includes one (1) Open once assigned private lesson through BC COE skating director	

<u>Open Membership</u>	
Full-time Member—full 37 weeks	\$ 425
Part-time Member—full 37 weeks	\$ 830
Non-member—full 37 weeks (for term memberships request through BC COE office)	\$ 1350
Per session (sessions 1 hr or less)	\$ 10
Per session (Friday 6:00pm only)	\$ 5
Per session (session over 1hr)	\$ 15

All full memberships are based on complete payment (2 installments—1st on start date, 2nd due before Dec.1, 2011)

Full Year (37 weeks) Includes all 3 terms, holiday weeks, off-ice, group enrichment and simulations

Term 1: September 6—December 23, 2011 (16 weeks)

Term 2: January 2—March 16, 2012 (11 weeks)

Term 3: March 26—May 18, 2012 (10 weeks)

} Term 1, 2, 3 includes everything but holiday weeks

Holiday Weeks: Christmas— December 24 - 31, 2011

Spring Break— March 18 - March 25, 2011

Policies & Procedures

1. Skaters MUST do Off-ice and Group Enrichment in order to maintain training plan with base coach.
2. Parents will not be allowed to view Gold B from Banquet Room when Off-ice is in session.
3. Parents are not allowed to coach, teach, lecture or encourage at rink boards. Interrupting focus during a moving session is considered hazardous.
4. All coaches and skaters must follow music and solo playing rules
 - Coaches may request a solo once every 20 minutes.
 - If more than one coach requests a solo at the same time, a non-request solo would be played in between the coaches requests (Sr. A and Elite Sessions).
 - If the session is full, a solo rotation will be posted for the order of skate.
 - If sessions are busy, choreographers should request music on open sessions.
 - If a skaters waves off their solo, that will constitute their turn for that session.
5. Buy-ons must be Skating Director approved for Sr. A & Elite Sessions
6. On the Skate Canada rink there will be no parents viewing on certain days.
7. The Skating Director has the right to place skaters on another session due to: membership situation, the skater's skill and competitive record, and the skater's work ethic. Skaters must seek director's approval for placement to accredited sessions.
8. Group Enrichment and Off-Ice instructors have the right to dismiss skaters for lateness or inappropriate behavior.
9. No skates allowed upstairs. Anyone bringing food in to eat upstairs must follow Canlan's eating area policies and keep the area clean.
10. During Free skate session the soloist has the complete right of way. Lesson skater will have the second right of way. When sessions end the Zamboni has the right of way and all skaters, must clear the ice surface.
11. Do not play; fool around in areas used as pre-ice warm up.
12. Skaters warming up prior to free skate should not talk or disrupt on ice training.
13. No swearing, temper tantrums, or improper behavior during on ice or off ice sessions. Disrespect to administrators, directors or full time coaches will be considered member in poor standing and will be brought forward to Canlan management. Canlan has the right to terminate membership
14. Do not put others at risk by kicking the ice. Do not stand or coast in the middle of the ice. Be aware of the fast moving sessions. The full time coaches will have the right to dismiss any skater with improper behavior.
15. All sessions should commence on time, however allow the skaters to finish their solo. No solos shall start within 2 minutes to the sessions end.
16. Skaters should commit to an energized work ethic that enhances our training environment.
17. Crowded Open Sessions do not merit Elite Skaters to jump or have right of way.
18. Open sessions have procedures, please check with COE office.
19. Booked membership days, and sessions cannot be traded for alternative choices, without administration approval.
20. Any skaters that start skating without registering with payment will be suspended.
21. REFUND POLICY: Skate Canada Centre of Excellence DOES NOT GIVE REFUNDS except in the case of a life emergency. No refunds for retired skater, injured skaters, club transfers and/or medical conditions.
22. Members who have had NSF cheques will not be allowed to re-register without payment in full.
23. All coaches must follow BCCOE Coach Policy and agree to accreditation system. Coaches must be on contract or have Director Approval to teach on accredited sessions. Freelance coaches may teach on open sessions. Long standing BC/YT provincial team coaches may guest coach at the Centre pending session availability.

REFUND POLICY

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GENERAL PROCEDURES

All participants are governed by the rules, policies and bylaws of the Skate Canada BC/ YT Section, the Centre of Excellence and Canlan ice Sports. All participants are responsible for familiarizing themselves with the rules.

CANCELLATIONS

Canlan ice Sports has the right to change/alter BCCOE schedule due to maintenance/ structural/power situations of concern.

OPEN SESSIONS – Open Sessions are for all levels. Therefore, the following rules should be need to be enforced.

- No one, skater nor coach should dominate the music.
- Elite skaters should not jump if they are more than 15 skaters on the session.
- No Team Skating (unless less than 6)
- Sr.A, Elite skaters cannot demand less ability skaters to move.
- Coaches of Int., Sr.B skaters should encourage, and monitor the teaching of looking out and common sense ice manners.
- Junior skaters must be with their coach.
- Volume of sound system should not be at max.
- Skaters and coaches should use common sense to make sessions run smooth. If session counts more than 15, skaters should not use the Open Session as a training session but rather an extra session to work on a specific area of their training. Regular training should be done on accredited sessions were it is safe and abilities are equal.
- No swearing, temper tantrums, or improper behavior during Opens. Disrespect to full time coaches, administrators or directors will be considered member in poor standing and will be brought forward to Canlan management. Canlan has the right to terminate membership.
- Skaters that are constantly with a coach for the whole session everyday do not constitute right of way.
- Parents are not allowed to coach at the rink boards

COMMON SENSE:

- Soloist has #1 right of way
- Lesson skater has #2 right of way
- On coming skater watches spin skater
- Skater going backwards without looking is being foolish, and practicing poor safety on any crowded session.
- The week a skater competes should merit solo priority if other members have no immediate performance.

COACHING POLICY: All coaches must be NCCP Level 1 Certified or higher, hold a valid first aid certificate, and be a paid member of as a Skate Canada coach

BC CENTRE OF EXCELLENCE
2011-2012 FALL/WINTER/SPRING REGISTRATION FORM

Name: _____

Address: _____

City/Province: _____ Postal Code: _____

Phone # _____ Family E-Mail: _____

Skate Canada # _____ D.O.B.: _____

BC Care Card/ Health Card # _____

Home Club: _____ Club#: _____

Head Coach: _____ Ph#: _____

BC/YT Section, Skate Canada Centre of Excellence, Canlan Ice Sports or their agents assume no responsibility for accidents or injuries, however caused. Applicant agrees to release proprietors from all claims or damages as a result of such accidents or losses.

I have read and familiarized myself with the enclosed Policies/Procedures and Open Sessions Rules

Signature: _____ Date: _____

(Parents sign if under 18 yrs old)

Membership Information

Package bought (Circle): Jr. Academy / Int / Sr.B / Sr.A / Elite / Adult Dance Tues+Thurs/
Dance (M+W Night / Sun only)/ Dev Dance / Competitive Dance)

Term: _____ Open Membership: _____

Days skating (please circle): Mon Tues Wed Thurs Fri Sat Sun

Membership Package Total: \$ _____

+HST: \$ _____

Skate Canada Reg Fee: \$ _____

Total Amount: \$ _____

Deposit Amount: \$ _____

Balance Owing: \$ _____

Payment Method: Cash Debit Cheque Visa MC

Credit Card Number: _____

Card Holder's Name : _____ Expiry: ____ / ____

(Office Use: Paid ____ S/C Fee ____ S/C Registered ____)

All cheques payable to Canlan Ice Sports. Credit card information is not saved on accounts. No Refunds or Credits for injuries, missed days, retirement, club transfers or medical conditions.

PAYMENT POLICY

Term payments must be in full. A Full-Year may include 2 payments, 1st on start date, 2nd due before Dec 1st, 2011

Registration with payment should be received no later than Sept. 6, 2011



Canlan Ice Sports / BC Centre of Excellence
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